

(Note: Content area on this page may be wider than usual.)

## CANSIM - Results

Table 105-0491<sup>1,2</sup>

Canadian Community Health Survey (CCHS 3.1) off-reserve  
Aboriginal profile, by sex, Canada, provinces and territories,  
occasional

Survey or program details:  
Canadian Community Health Survey - 3226

Geography=Northwest Territories

Off-reserve Aboriginal profile <sup>2</sup>	Sex	Health profile	Characteristics <sup>47,48,49,50,51,52</sup>	2005
Off-reserve Aboriginal profile <sup>2</sup>	Both sexes	Very good or excellent self-rated health <sup>3</sup>	Number of persons	21,873
			Percent	63.1
		Very good or excellent self-rated mental health <sup>4</sup>	Number of persons	25,106
			Percent	72.4
		With arthritis or rheumatism <sup>5,6</sup>	Number of persons	4,206
			Percent	12.1
		With diabetes <sup>7,8</sup>	Number of persons	1,191 <sup>F</sup>
			Percent	3.4 <sup>E</sup>
		With asthma <sup>9</sup>	Number of persons	3,008
			Percent	8.7
		With high blood pressure <sup>10</sup>	Number of persons	3,067
			Percent	8.8
		Injuries within the past 12 months <sup>11,12</sup>	Number of persons	6,189
			Percent	17.9
		1 or more two-week disability days <sup>13</sup>	Number of persons	6,042
			Percent	17.4
		Participation and activity limitation <sup>14</sup>	Number of persons	8,553
			Percent	24.7
		Current daily or occasional smoker <sup>15,16,17</sup>	Number of persons	12,495
			Percent	36.0
		Exposed to second-hand smoke at home <sup>18,19</sup>	Number of persons	4,207
			Percent	19.0
		Exposure to second-hand smoke in the past month, in vehicles and/or public places <sup>20</sup>	Number of persons	4,460
			Percent	20.1
		Exposure to second-hand smoke in the past month, in vehicles <sup>20</sup>	Number of persons	2,313
			Percent	10.4
		Exposure to second-hand smoke in the past month, in public places <sup>20</sup>	Number of persons	3,078
			Percent	13.9
		Complete restriction on smoking at home <sup>21</sup>	Number of persons	21,925
			Percent	63.2
		Complete restriction on smoking at work <sup>22</sup>	Number of persons	20,147
			Percent	82.0
		Smoking initiation age (5 to 14 years) <sup>23</sup>	Number of persons	10,200
			Percent	42.9
		Never had a drink <sup>24</sup>	Number of persons	4,058
			Percent	11.7
		5 or more drinks on one occasion, 12 or more times a year <sup>25</sup>	Number of persons	8,716
			Percent	35.6
		Leisure-time physically active or moderately active <sup>26,27</sup>	Number of persons	17,506
			Percent	50.5
		Life stress, quite a lot (18 years and over) <sup>28</sup>	Number of persons	5,507
			Percent	18.3
		Overweight, self-reported adult body mass index 25.00 to 29.99 (18 years and over) <sup>29,30,31,32</sup>	Number of persons	9,636
			Percent	32.6
		Obese, self-reported adult body mass index 30.00 or higher (18 years and over) <sup>29,30,31,32</sup>	Number of persons	7,245
			Percent	24.5
		Self-reported youth body mass index, overweight or obese <sup>29,33</sup>	Number of persons	944
			Percent	20.3
		Very strong or somewhat strong sense of belonging to local community <sup>34</sup>	Number of persons	25,072
			Percent	72.3
		Has a regular medical doctor <sup>35</sup>	Number of persons	16,906
			Percent	48.8
		Contact with medical doctors in the past 12 months <sup>36,37</sup>	Number of persons	25,932
			Percent	74.8
		Contact with dental professionals in the past 12 months <sup>38,39</sup>	Number of persons	23,205
			Percent	66.9
		Contact with alternative health care providers in the past 12 months <sup>40,41</sup>	Number of persons	5,230
			Percent	15.1
		Influenza immunization, less than one year ago <sup>42</sup>	Number of persons	12,582
			Percent	36.3
		Received routine screening mammogram within the last 2 years (50 to 69 years) <sup>43,44</sup>	Number of persons	...
			Percent	...
		Pap smear, within the last 3 years (18 to 69 years) <sup>45,46</sup>	Number of persons	...
			Percent	...
		Very good or excellent self-rated health <sup>3</sup>	Number of persons	11,406
			Percent	63.1
		Very good or excellent self-rated mental health <sup>4</sup>	Number of persons	13,568
			Percent	75.1
		With arthritis or rheumatism <sup>5,6</sup>	Number of persons	1,832
			Percent	10.1
		With diabetes <sup>7,8</sup>	Number of persons	689 <sup>F</sup>
			Percent	3.8 <sup>F</sup>
		With asthma <sup>9</sup>	Number of persons	958 <sup>F</sup>
			Percent	5.3 <sup>E</sup>
		With high blood pressure <sup>10</sup>	Number of persons	1,722
			Percent	9.5
		Injuries within the past 12 months <sup>11,12</sup>	Number of persons	3,636
			Percent	20.1
		1 or more two-week disability days <sup>13</sup>	Number of persons	2,658
			Percent	14.7
		Participation and activity limitation <sup>14</sup>	Number of persons	4,107
			Percent	22.7
		Current daily or occasional smoker <sup>15,16,17</sup>	Number of persons	6,089
			Percent	33.7

Total off-reserve population	Males	Exposed to second-hand smoke at home <sup>18,19</sup>	Number of persons	2,677 <sup>F</sup>
			Percent	22.3
		Exposure to second-hand smoke in the past month, in vehicles and/or public places <sup>20</sup>	Number of persons	2,411
			Percent	20.1
		Exposure to second-hand smoke in the past month, in vehicles <sup>20</sup>	Number of persons	1,213 <sup>F</sup>
			Percent	10.1
		Exposure to second-hand smoke in the past month, in public places <sup>20</sup>	Number of persons	1,662
			Percent	13.9
		Complete restriction on smoking at home <sup>21</sup>	Number of persons	10,782
			Percent	59.7
		Complete restriction on smoking at work <sup>22</sup>	Number of persons	10,600
			Percent	77.0
		Smoking initiation age (5 to 14 years) <sup>23</sup>	Number of persons	5,438
			Percent	43.5
		Never had a drink <sup>24</sup>	Number of persons	2,191
			Percent	12.1
		5 or more drinks on one occasion, 12 or more times a year <sup>25</sup>	Number of persons	5,342
			Percent	42.0
		Leisure-time physically active or moderately active <sup>26,27</sup>	Number of persons	9,438
			Percent	52.2
		Life stress, quite a lot (18 years and over) <sup>28</sup>	Number of persons	2,739
			Percent	17.5
		Overweight, self-reported adult body mass index 25.00 to 29.99 (18 years and over) <sup>29,30,31,32</sup>	Number of persons	6,120
			Percent	39.1
		Obese, self-reported adult body mass index 30.00 or higher (18 years and over) <sup>29,30,31,32</sup>	Number of persons	3,757
			Percent	24.0
		Self-reported youth body mass index, overweight or obese <sup>29,33</sup>	Number of persons	558 <sup>F</sup>
			Percent	23.2 <sup>F</sup>
		Very strong or somewhat strong sense of belonging to local community <sup>34</sup>	Number of persons	12,800
			Percent	70.8
		Has a regular medical doctor <sup>35</sup>	Number of persons	7,464
			Percent	41.3
		Contact with medical doctors in the past 12 months <sup>36,37</sup>	Number of persons	12,032
			Percent	66.6
		Contact with dental professionals in the past 12 months <sup>38,39</sup>	Number of persons	11,604
			Percent	64.2
		Contact with alternative health care providers in the past 12 months <sup>40,41</sup>	Number of persons	2,224 <sup>F</sup>
			Percent	12.3 <sup>F</sup>
		Influenza immunization, less than one year ago <sup>42</sup>	Number of persons	5,475
			Percent	30.3
		Received routine screening mammogram within the last 2 years (50 to 69 years) <sup>43,44</sup>	Number of persons	...
			Percent	...
		Pap smear, within the last 3 years (18 to 69 years) <sup>45,46</sup>	Number of persons	...
			Percent	...
Total off-reserve population	Females	Very good or excellent self-rated health <sup>3</sup>	Number of persons	10,467
			Percent	63.1
		Very good or excellent self-rated mental health <sup>4</sup>	Number of persons	11,538
			Percent	69.5
		With arthritis or rheumatism <sup>5,6</sup>	Number of persons	2,374
			Percent	14.3
		With diabetes <sup>7,8</sup>	Number of persons	502 <sup>F</sup>
			Percent	3.0 <sup>F</sup>
		With asthma <sup>9</sup>	Number of persons	2,050
			Percent	12.4
		With high blood pressure <sup>10</sup>	Number of persons	1,344
			Percent	8.1
		Injuries within the past 12 months <sup>11,12</sup>	Number of persons	2,553
			Percent	15.4
		1 or more two-week disability days <sup>13</sup>	Number of persons	3,385
			Percent	20.4
		Participation and activity limitation <sup>14</sup>	Number of persons	4,446
			Percent	26.8
		Current daily or occasional smoker <sup>15,16,17</sup>	Number of persons	6,405
			Percent	38.6
		Exposed to second-hand smoke at home <sup>18,19</sup>	Number of persons	1,531 <sup>F</sup>
			Percent	15.0 <sup>F</sup>
		Exposure to second-hand smoke in the past month, in vehicles and/or public places <sup>20</sup>	Number of persons	2,048
			Percent	20.1
		Exposure to second-hand smoke in the past month, in vehicles <sup>20</sup>	Number of persons	1,100 <sup>F</sup>
			Percent	10.8 <sup>F</sup>
		Exposure to second-hand smoke in the past month, in public places <sup>20</sup>	Number of persons	1,416
			Percent	13.9
		Complete restriction on smoking at home <sup>21</sup>	Number of persons	11,143
			Percent	67.1
		Complete restriction on smoking at work <sup>22</sup>	Number of persons	9,547
			Percent	88.5
		Smoking initiation age (5 to 14 years) <sup>23</sup>	Number of persons	4,762
			Percent	42.4
		Never had a drink <sup>24</sup>	Number of persons	1,867 <sup>F</sup>
			Percent	11.3 <sup>F</sup>
		5 or more drinks on one occasion, 12 or more times a year <sup>25</sup>	Number of persons	3,374
			Percent	28.7
		Leisure-time physically active or moderately active <sup>26,27</sup>	Number of persons	8,068
			Percent	48.6
		Life stress, quite a lot (18 years and over) <sup>28</sup>	Number of persons	2,768
			Percent	19.3
		Overweight, self-reported adult body mass index 25.00 to 29.99 (18 years and over) <sup>29,30,31,32</sup>	Number of persons	3,516
			Percent	25.3
		Obese, self-reported adult body mass index 30.00 or higher (18 years and over) <sup>29,30,31,32</sup>	Number of persons	3,488
			Percent	25.1
		Self-reported youth body mass index, overweight or obese <sup>29,33</sup>	Number of persons	386 <sup>F</sup>
			Percent	17.3 <sup>F</sup>
		Very strong or somewhat strong sense of belonging to local community <sup>34</sup>	Number of persons	12,271
			Percent	73.9
		Has a regular medical doctor <sup>35</sup>	Number of persons	9,443
			Percent	56.9
		Contact with medical doctors in the past 12 months <sup>36,37</sup>	Number of persons	13,900
			Percent	83.8
		Contact with dental professionals in the past 12 months <sup>38,39</sup>	Number of persons	11,602
			Percent	69.9

		Contact with alternative health care providers in the past 12 months <sup>40,41</sup>	Number of persons	3,006
			Percent	18.1
		Influenza immunization, less than one year ago <sup>42</sup>	Number of persons	7,108
			Percent	42.8
		Received routine screening mammogram within the last 2 years (50 to 69 years) <sup>43,44</sup>	Number of persons	1,009 <sup>F</sup>
			Percent	37.8 <sup>F</sup>
		Pap smear, within the last 3 years (18 to 69 years) <sup>45,46</sup>	Number of persons	11,537
			Percent	83.5
		Very good or excellent self-rated health <sup>3</sup>	Number of persons	8,069
			Percent	55.9
		Very good or excellent self-rated mental health <sup>4</sup>	Number of persons	9,501
			Percent	65.8
		With arthritis or rheumatism <sup>5,6</sup>	Number of persons	1,479 <sup>F</sup>
			Percent	10.2
		With diabetes <sup>7,8</sup>	Number of persons	524 <sup>F</sup>
			Percent	3.6 <sup>F</sup>
		With asthma <sup>9</sup>	Number of persons	1,093 <sup>F</sup>
			Percent	7.6 <sup>F</sup>
		With high blood pressure <sup>10</sup>	Number of persons	1,284 <sup>F</sup>
			Percent	8.9 <sup>F</sup>
		Injuries within the past 12 months <sup>11,12</sup>	Number of persons	2,785
			Percent	19.3
		1 or more two-week disability days <sup>13</sup>	Number of persons	2,341
			Percent	16.2
		Participation and activity limitation <sup>14</sup>	Number of persons	4,049
			Percent	28.0
		Current daily or occasional smoker <sup>15,16,17</sup>	Number of persons	6,998
			Percent	48.5
		Exposed to second-hand smoke at home <sup>18,19</sup>	Number of persons	2,399 <sup>F</sup>
			Percent	32.2
		Exposure to second-hand smoke in the past month, in vehicles and/or public places <sup>20</sup>	Number of persons	1,622
			Percent	21.8 <sup>F</sup>
		Exposure to second-hand smoke in the past month, in vehicles <sup>20</sup>	Number of persons	985 <sup>F</sup>
			Percent	13.2 <sup>F</sup>
		Exposure to second-hand smoke in the past month, in public places <sup>20</sup>	Number of persons	1,097 <sup>F</sup>
			Percent	14.7 <sup>F</sup>
		Complete restriction on smoking at home <sup>21</sup>	Number of persons	7,631
			Percent	52.8
		Complete restriction on smoking at work <sup>22</sup>	Number of persons	6,149
			Percent	78.6
		Smoking initiation age (5 to 14 years) <sup>23</sup>	Number of persons	5,163
			Percent	46.2
		Never had a drink <sup>24</sup>	Number of persons	2,392 <sup>F</sup>
			Percent	16.6 <sup>F</sup>
		5 or more drinks on one occasion, 12 or more times a year <sup>25</sup>	Number of persons	3,716
			Percent	44.4
		Leisure-time physically active or moderately active <sup>26,27</sup>	Number of persons	6,690
			Percent	46.3
		Life stress, quite a lot (18 years and over) <sup>28</sup>	Number of persons	2,030 <sup>F</sup>
			Percent	17.7 <sup>F</sup>
		Overweight, self-reported adult body mass index 25.00 to 29.99 (18 years and over) <sup>29,30,31,32</sup>	Number of persons	3,032
			Percent	27.1
		Obese, self-reported adult body mass index 30.00 or higher (18 years and over) <sup>29,30,31,32</sup>	Number of persons	2,851 <sup>F</sup>
			Percent	25.5 <sup>F</sup>
		Self-reported youth body mass index, overweight or obese <sup>29,31</sup>	Number of persons	607 <sup>F</sup>
			Percent	20.5 <sup>F</sup>
		Very strong or somewhat strong sense of belonging to local community <sup>34</sup>	Number of persons	10,559
			Percent	73.1
		Has a regular medical doctor <sup>35</sup>	Number of persons	5,142
			Percent	35.6 <sup>F</sup>
		Contact with medical doctors in the past 12 months <sup>36,37</sup>	Number of persons	10,476
			Percent	72.5
		Contact with dental professionals in the past 12 months <sup>38,39</sup>	Number of persons	9,215
			Percent	63.8
		Contact with alternative health care providers in the past 12 months <sup>40,41</sup>	Number of persons	F
			Percent	F
		Influenza immunization, less than one year ago <sup>42</sup>	Number of persons	5,638
			Percent	39.0
		Received routine screening mammogram within the last 2 years (50 to 69 years) <sup>43,44</sup>	Number of persons	...
			Percent	...
		Pap smear, within the last 3 years (18 to 69 years) <sup>45,46</sup>	Number of persons	...
			Percent	...
		Very good or excellent self-rated health <sup>3</sup>	Number of persons	3,997 <sup>F</sup>
			Percent	58.4
		Very good or excellent self-rated mental health <sup>4</sup>	Number of persons	4,914
			Percent	71.8
		With arthritis or rheumatism <sup>5,6</sup>	Number of persons	F
			Percent	9.7 <sup>F</sup>
		With diabetes <sup>7,8</sup>	Number of persons	F
			Percent	F
		With asthma <sup>9</sup>	Number of persons	358 <sup>F</sup>
			Percent	5.2 <sup>F</sup>
		With high blood pressure <sup>10</sup>	Number of persons	693 <sup>F</sup>
			Percent	10.1 <sup>F</sup>
		Injuries within the past 12 months <sup>11,12</sup>	Number of persons	1,690 <sup>F</sup>
			Percent	24.7 <sup>F</sup>
		1 or more two-week disability days <sup>13</sup>	Number of persons	783 <sup>F</sup>
			Percent	11.4 <sup>F</sup>
		Participation and activity limitation <sup>14</sup>	Number of persons	1,782 <sup>F</sup>
			Percent	26.0
		Current daily or occasional smoker <sup>15,16,17</sup>	Number of persons	2,945 <sup>F</sup>
			Percent	43.0
		Exposed to second-hand smoke at home <sup>18,19</sup>	Number of persons	1,494 <sup>F</sup>
			Percent	38.3 <sup>F</sup>
		Exposure to second-hand smoke in the past month, in vehicles and/or public places <sup>20</sup>	Number of persons	706 <sup>F</sup>
			Percent	18.1 <sup>F</sup>

Aboriginal	Males	Exposure to second-hand smoke in the past month, in vehicles <sup>20</sup>	Number of persons	465 <sup>E</sup>
			Percent	11.9 <sup>E</sup>
		Exposure to second-hand smoke in the past month, in public places <sup>20</sup>	Number of persons	416 <sup>E</sup>
			Percent	F
		Complete restriction on smoking at home <sup>21</sup>	Number of persons	3,395
			Percent	49.6
		Complete restriction on smoking at work <sup>22</sup>	Number of persons	2,690
			Percent	69.6
		Smoking initiation age (5 to 14 years) <sup>23</sup>	Number of persons	2,268
			Percent	44.0
		Never had a drink <sup>24</sup>	Number of persons	1,464 <sup>E</sup>
			Percent	21.4 <sup>E</sup>
		5 or more drinks on one occasion, 12 or more times a year <sup>25</sup>	Number of persons	1,566
			Percent	42.2
		Leisure-time physically active or moderately active <sup>26,27</sup>	Number of persons	3,478
			Percent	50.8
		Life stress, quite a lot (18 years and over) <sup>28</sup>	Number of persons	859 <sup>F</sup>
			Percent	16.5 <sup>E</sup>
		Overweight, self-reported adult body mass index 25.00 to 29.99 (18 years and over) <sup>29,30,31,32</sup>	Number of persons	1,508 <sup>E</sup>
			Percent	29.0
	Females	Obese, self-reported adult body mass index 30.00 or higher (18 years and over) <sup>29,30,31,32</sup>	Number of persons	1,273 <sup>E</sup>
			Percent	24.5 <sup>E</sup>
		Self-reported youth body mass index, overweight or obese <sup>29,33</sup>	Number of persons	409 <sup>F</sup>
			Percent	F
		Very strong or somewhat strong sense of belonging to local community <sup>34</sup>	Number of persons	5,105
			Percent	74.5
		Has a regular medical doctor <sup>35</sup>	Number of persons	1,982 <sup>E</sup>
			Percent	28.9 <sup>E</sup>
		Contact with medical doctors in the past 12 months <sup>36,37</sup>	Number of persons	4,567
			Percent	66.7
		Contact with dental professionals in the past 12 months <sup>38,39</sup>	Number of persons	4,363
			Percent	63.7
		Contact with alternative health care providers in the past 12 months <sup>40,41</sup>	Number of persons	F
			Percent	F
		Influenza immunization, less than one year ago <sup>42</sup>	Number of persons	2,515
			Percent	36.7
		Received routine screening mammogram within the last 2 years (50 to 69 years) <sup>43,44</sup>	Number of persons	...
			Percent	...
		Pap smear, within the last 3 years (18 to 69 years) <sup>45,46</sup>	Number of persons	...
			Percent	...
		Very good or excellent self-rated health <sup>3</sup>	Number of persons	4,072
			Percent	53.6
		Very good or excellent self-rated mental health <sup>4</sup>	Number of persons	4,587
			Percent	60.4
		With arthritis or rheumatism <sup>5,6</sup>	Number of persons	812 <sup>E</sup>
			Percent	10.7
		With diabetes <sup>7,8</sup>	Number of persons	312 <sup>E</sup>
			Percent	4.1 <sup>E</sup>
		With asthma <sup>9</sup>	Number of persons	736 <sup>E</sup>
			Percent	9.7 <sup>E</sup>
		With high blood pressure <sup>10</sup>	Number of persons	591 <sup>E</sup>
			Percent	7.8 <sup>E</sup>
		Injuries within the past 12 months <sup>11,12</sup>	Number of persons	1,094 <sup>E</sup>
			Percent	14.4 <sup>E</sup>
		1 or more two-week disability days <sup>13</sup>	Number of persons	1,558
			Percent	20.5
		Participation and activity limitation <sup>14</sup>	Number of persons	2,268
			Percent	29.9 <sup>E</sup>
		Current daily or occasional smoker <sup>15,16,17</sup>	Number of persons	4,053
			Percent	53.4
		Exposed to second-hand smoke at home <sup>18,19</sup>	Number of persons	905 <sup>E</sup>
			Percent	25.6 <sup>E</sup>
		Exposure to second-hand smoke in the past month, in vehicles and/or public places <sup>20</sup>	Number of persons	917 <sup>E</sup>
			Percent	25.9 <sup>E</sup>
		Exposure to second-hand smoke in the past month, in vehicles <sup>20</sup>	Number of persons	520 <sup>E</sup>
			Percent	14.7 <sup>E</sup>
		Exposure to second-hand smoke in the past month, in public places <sup>20</sup>	Number of persons	681 <sup>F</sup>
			Percent	19.3 <sup>E</sup>
		Complete restriction on smoking at home <sup>21</sup>	Number of persons	4,236
			Percent	55.8
		Complete restriction on smoking at work <sup>22</sup>	Number of persons	3,459
			Percent	87.4
		Smoking initiation age (5 to 14 years) <sup>23</sup>	Number of persons	2,895
			Percent	48.1
		Never had a drink <sup>24</sup>	Number of persons	929 <sup>F</sup>
			Percent	12.2 <sup>E</sup>
		5 or more drinks on one occasion, 12 or more times a year <sup>25</sup>	Number of persons	2,151
			Percent	46.1
		Leisure-time physically active or moderately active <sup>26,27</sup>	Number of persons	3,213
			Percent	42.3
		Life stress, quite a lot (18 years and over) <sup>28</sup>	Number of persons	1,171 <sup>E</sup>
			Percent	18.6 <sup>E</sup>
		Overweight, self-reported adult body mass index 25.00 to 29.99 (18 years and over) <sup>29,30,31,32</sup>	Number of persons	1,524
			Percent	25.4
		Obese, self-reported adult body mass index 30.00 or higher (18 years and over) <sup>29,30,31,32</sup>	Number of persons	1,578 <sup>E</sup>
			Percent	26.3 <sup>E</sup>
		Self-reported youth body mass index, overweight or obese <sup>29,33</sup>	Number of persons	F
			Percent	F
		Very strong or somewhat strong sense of belonging to local community <sup>34</sup>	Number of persons	5,454
			Percent	71.8
		Has a regular medical doctor <sup>35</sup>	Number of persons	3,159
			Percent	41.6
		Contact with medical doctors in the past 12 months <sup>36,37</sup>	Number of persons	5,908
			Percent	77.8
		Contact with dental professionals in the past 12 months <sup>38,39</sup>	Number of persons	4,852
			Percent	63.9
			Number of persons	F

Contact with alternative health care providers in the past 12 months <sup>40,41</sup>	Percent	F
	Number of persons	3,123
	Percent	41.1
	Number of persons	F
Influenza immunization, less than one year ago <sup>42</sup>	Percent	F
	Number of persons	5,023
Received routine screening mammogram within the last 2 years (50 to 69 years) <sup>43,44</sup>	Percent	84.4
	Number of persons	13,770
Pap smear, within the last 3 years (18 to 69 years) <sup>45,46</sup>	Percent	68.5
	Number of persons	15,504
Very good or excellent self-rated health <sup>3</sup>	Percent	77.1
	Number of persons	2,727 <sup>E</sup>
Very good or excellent self-rated mental health <sup>4</sup>	Percent	13.6
	Number of persons	F
With arthritis or rheumatism <sup>5,6</sup>	Percent	3.3 <sup>E</sup>
	Number of persons	1,914 <sup>E</sup>
With diabetes <sup>7,8</sup>	Percent	9.5
	Number of persons	1,782 <sup>E</sup>
With asthma <sup>9</sup>	Percent	8.9 <sup>E</sup>
	Number of persons	3,404
With high blood pressure <sup>10</sup>	Percent	16.9
	Number of persons	3,687
Injuries within the past 12 months <sup>11,12</sup>	Percent	18.3
	Number of persons	4,409
1 or more two-week disability days <sup>13</sup>	Percent	21.9
	Number of persons	5,497
Participation and activity limitation <sup>14</sup>	Percent	27.3
	Number of persons	1,728 <sup>E</sup>
Current daily or occasional smoker <sup>15,16,17</sup>	Percent	11.8 <sup>E</sup>
	Number of persons	2,824 <sup>E</sup>
Exposed to second-hand smoke at home <sup>18,19</sup>	Percent	19.3
	Number of persons	1,328 <sup>E</sup>
Exposure to second-hand smoke in the past month, in vehicles and/or public places <sup>20</sup>	Percent	9.1 <sup>E</sup>
	Number of persons	1,968 <sup>E</sup>
Exposure to second-hand smoke in the past month, in vehicles <sup>20</sup>	Percent	13.5
	Number of persons	14,273
Exposure to second-hand smoke in the past month, in public places <sup>20</sup>	Percent	71.0
	Number of persons	13,998
Complete restriction on smoking at home <sup>21</sup>	Percent	84.2
	Number of persons	5,037
Complete restriction on smoking at work <sup>22</sup>	Percent	40.4
	Number of persons	1,666 <sup>E</sup>
Smoking initiation age (5 to 14 years) <sup>23</sup>	Percent	8.3 <sup>E</sup>
	Number of persons	4,905
Never had a drink <sup>24</sup>	Percent	30.7
	Number of persons	10,795
5 or more drinks on one occasion, 12 or more times a year <sup>25</sup>	Percent	53.7
	Number of persons	3,463
Leisure-time physically active or moderately active <sup>26,27</sup>	Percent	18.8
	Number of persons	6,502
Life stress, quite a lot (18 years and over) <sup>28</sup>	Percent	35.7
	Number of persons	4,380
Overweight, self-reported adult body mass index 25.00 to 29.99 (18 years and over) <sup>29,30,31,32</sup>	Percent	24.0
	Number of persons	337 <sup>E</sup>
Obese, self-reported adult body mass index 30.00 or higher (18 years and over) <sup>29,30,31,32</sup>	Percent	19.9 <sup>E</sup>
	Number of persons	14,397
Self-reported youth body mass index, overweight or obese <sup>29,33</sup>	Percent	71.6
	Number of persons	11,751
Very strong or somewhat strong sense of belonging to local community <sup>34</sup>	Percent	58.4
	Number of persons	15,422
Has a regular medical doctor <sup>35</sup>	Percent	76.7
	Number of persons	13,977
Contact with medical doctors in the past 12 months <sup>36,37</sup>	Percent	69.5
	Number of persons	3,951
Contact with dental professionals in the past 12 months <sup>38,39</sup>	Percent	19.6
	Number of persons	6,945
Contact with alternative health care providers in the past 12 months <sup>40,41</sup>	Percent	34.5
	Number of persons	...
Influenza immunization, less than one year ago <sup>42</sup>	Percent	...
	Number of persons	...
Received routine screening mammogram within the last 2 years (50 to 69 years) <sup>43,44</sup>	Percent	...
	Number of persons	...
Pap smear, within the last 3 years (18 to 69 years) <sup>45,46</sup>	Percent	...
	Number of persons	...
Very good or excellent self-rated health <sup>3</sup>	Percent	7.395
	Number of persons	66.5
Very good or excellent self-rated mental health <sup>4</sup>	Percent	8.573
	Number of persons	77.0
With arthritis or rheumatism <sup>5,6</sup>	Percent	1,165 <sup>E</sup>
	Number of persons	10.5 <sup>E</sup>
With diabetes <sup>7,8</sup>	Percent	F
	Number of persons	F
With asthma <sup>9</sup>	Percent	F
	Number of persons	5.4 <sup>E</sup>
With high blood pressure <sup>10</sup>	Percent	1,029 <sup>E</sup>
	Number of persons	9.3 <sup>E</sup>
Injuries within the past 12 months <sup>11,12</sup>	Percent	1,946 <sup>E</sup>
	Number of persons	17.5 <sup>E</sup>
1 or more two-week disability days <sup>13</sup>	Percent	1,861 <sup>E</sup>
	Number of persons	16.7 <sup>E</sup>
Participation and activity limitation <sup>14</sup>	Percent	2,230 <sup>E</sup>
	Number of persons	20.0
Current daily or occasional smoker <sup>15,16,17</sup>	Percent	3,145
	Number of persons	28.3
Exposed to second-hand smoke at home <sup>18,19</sup>	Percent	1,102 <sup>E</sup>
	Number of persons	13.8 <sup>E</sup>
Exposure to second-hand smoke in the past month, in vehicles and/or public places <sup>20</sup>	Percent	1,692 <sup>E</sup>
	Number of persons	21.2 <sup>E</sup>
Exposure to second-hand smoke in the past month, in vehicles <sup>20</sup>	Percent	748 <sup>E</sup>
	Number of persons	9.4 <sup>E</sup>

Non-Aboriginal	Males	Exposure to second-hand smoke in the past month, in public places <sup>20</sup>	Number of persons	1,233 <sup>E</sup>
			Percent	15.4 <sup>E</sup>
		Complete restriction on smoking at home <sup>21</sup>	Number of persons	7,387
			Percent	66.4
		Complete restriction on smoking at work <sup>22</sup>	Number of persons	7,910
			Percent	80.7
		Smoking initiation age (5 to 14 years) <sup>23</sup>	Number of persons	3,170
			Percent	43.6
		Never had a drink <sup>24</sup>	Number of persons	F
			Percent	6.5 <sup>E</sup>
		5 or more drinks on one occasion, 12 or more times a year <sup>25</sup>	Number of persons	3,682
			Percent	41.3
		Leisure-time physically active or moderately active <sup>26,27</sup>	Number of persons	5,960
			Percent	53.6
		Life stress, quite a lot (18 years and over) <sup>28</sup>	Number of persons	1,866
			Percent	18.0
		Overweight, self-reported adult body mass index 25.00 to 29.99 (18 years and over) <sup>29,30,31,32</sup>	Number of persons	4,531
			Percent	43.7
		Obese, self-reported adult body mass index 30.00 or higher (18 years and over) <sup>29,30,31,32</sup>	Number of persons	2,470
			Percent	23.8
		Self-reported youth body mass index, overweight or obese <sup>29,33</sup>	Number of persons	F
			Percent	F
		Very strong or somewhat strong sense of belonging to local community <sup>34</sup>	Number of persons	7,601
			Percent	68.3
		Has a regular medical doctor <sup>35</sup>	Number of persons	5,468
			Percent	49.1
		Contact with medical doctors in the past 12 months <sup>36,37</sup>	Number of persons	7,451
			Percent	67.0
		Contact with dental professionals in the past 12 months <sup>38,39</sup>	Number of persons	7,227
			Percent	64.9
		Contact with alternative health care providers in the past 12 months <sup>40,41</sup>	Number of persons	1,773 <sup>E</sup>
			Percent	15.9 <sup>E</sup>
		Influenza immunization, less than one year ago <sup>42</sup>	Number of persons	2,960
			Percent	26.6
		Received routine screening mammogram within the last 2 years (50 to 69 years) <sup>43,44</sup>	Number of persons	***
			Percent	***
		Pap smear, within the last 3 years (18 to 69 years) <sup>45,46</sup>	Number of persons	***
			Percent	***
	Females	Very good or excellent self-rated health <sup>3</sup>	Number of persons	6,375
			Percent	71.0
		Very good or excellent self-rated mental health <sup>4</sup>	Number of persons	6,931
			Percent	77.2
		With arthritis or rheumatism <sup>5,6</sup>	Number of persons	1,562
			Percent	17.4
		With diabetes <sup>7,8</sup>	Number of persons	F
			Percent	F
		With asthma <sup>9</sup>	Number of persons	1,314 <sup>E</sup>
			Percent	14.6
		With high blood pressure <sup>10</sup>	Number of persons	753 <sup>E</sup>
			Percent	8.4 <sup>E</sup>
		Injuries within the past 12 months <sup>11,12</sup>	Number of persons	1,459 <sup>E</sup>
			Percent	16.2 <sup>E</sup>
		1 or more two-week disability days <sup>13</sup>	Number of persons	1,826
			Percent	20.3
		Participation and activity limitation <sup>14</sup>	Number of persons	2,179
			Percent	24.3
		Current daily or occasional smoker <sup>15,16,17</sup>	Number of persons	2,352
			Percent	26.2
		Exposed to second-hand smoke at home <sup>18,19</sup>	Number of persons	626 <sup>E</sup>
			Percent	9.4 <sup>E</sup>
		Exposure to second-hand smoke in the past month, in vehicles and/or public places <sup>20</sup>	Number of persons	1,132
			Percent	17.1
		Exposure to second-hand smoke in the past month, in vehicles <sup>20</sup>	Number of persons	580 <sup>E</sup>
			Percent	8.7 <sup>E</sup>
		Exposure to second-hand smoke in the past month, in public places <sup>20</sup>	Number of persons	735 <sup>E</sup>
			Percent	11.1 <sup>E</sup>
		Complete restriction on smoking at home <sup>21</sup>	Number of persons	6,886
			Percent	76.7
		Complete restriction on smoking at work <sup>22</sup>	Number of persons	6,088
			Percent	89.4
		Smoking initiation age (5 to 14 years) <sup>23</sup>	Number of persons	1,868
			Percent	35.9
		Never had a drink <sup>24</sup>	Number of persons	938 <sup>E</sup>
			Percent	10.4 <sup>E</sup>
		5 or more drinks on one occasion, 12 or more times a year <sup>25</sup>	Number of persons	1,223 <sup>E</sup>
			Percent	17.3
		Leisure-time physically active or moderately active <sup>26,27</sup>	Number of persons	4,834
			Percent	53.8
		Life stress, quite a lot (18 years and over) <sup>28</sup>	Number of persons	1,597 <sup>E</sup>
			Percent	19.9
		Overweight, self-reported adult body mass index 25.00 to 29.99 (18 years and over) <sup>29,30,31,32</sup>	Number of persons	1,971
			Percent	25.1
		Obese, self-reported adult body mass index 30.00 or higher (18 years and over) <sup>29,30,31,32</sup>	Number of persons	1,910
			Percent	24.3
		Self-reported youth body mass index, overweight or obese <sup>29,33</sup>	Number of persons	F
			Percent	F
		Very strong or somewhat strong sense of belonging to local community <sup>34</sup>	Number of persons	6,796
			Percent	75.7
		Has a regular medical doctor <sup>35</sup>	Number of persons	6,283
			Percent	70.0
		Contact with medical doctors in the past 12 months <sup>36,37</sup>	Number of persons	7,971
			Percent	88.7
		Contact with dental professionals in the past 12 months <sup>38,39</sup>	Number of persons	6,750
			Percent	75.2
		Contact with alternative health care providers in the past 12 months <sup>40,41</sup>	Number of persons	2,178
			Percent	24.2
		Influenza immunization, less than one year ago <sup>42</sup>	Number of persons	3,985
			Percent	44.4
			Number of persons	753 <sup>E</sup>

		Received routine screening mammogram within the last 2 years (50 to 69 years) <sup>43,44</sup>	Percent	44.5 <sup>E</sup>
		Pap smear, within the last 3 years (18 to 69 years) <sup>45,46</sup>	Number of persons	6,493
			Percent	82.8
			Number of persons	F
Aboriginal, not stated	Both sexes	Very good or excellent self-rated health <sup>3</sup>	Percent	F
			Number of persons	F
		Very good or excellent self-rated mental health <sup>4</sup>	Percent	F
			Number of persons	F
		With arthritis or rheumatism <sup>5,6</sup>	Percent	F
			Number of persons	F
		With diabetes <sup>7,8</sup>	Percent	F
			Number of persons	F
		With asthma <sup>9</sup>	Percent	F
			Number of persons	F
		With high blood pressure <sup>10</sup>	Percent	F
			Number of persons	F
		Injuries within the past 12 months <sup>11,12</sup>	Percent	F
			Number of persons	F
		1 or more two-week disability days <sup>13</sup>	Percent	F
			Number of persons	F
		Participation and activity limitation <sup>14</sup>	Percent	F
			Number of persons	F
		Current daily or occasional smoker <sup>15,16,17</sup>	Percent	F
			Number of persons	F
		Exposed to second-hand smoke at home <sup>18,19</sup>	Percent	F
			Number of persons	F
		Exposure to second-hand smoke in the past month, in vehicles and/or public places <sup>20</sup>	Percent	F
			Number of persons	F
		Exposure to second-hand smoke in the past month, in vehicles <sup>20</sup>	Percent	F
			Number of persons	F
		Exposure to second-hand smoke in the past month, in public places <sup>20</sup>	Percent	F
			Number of persons	F
		Complete restriction on smoking at home <sup>21</sup>	Percent	F
			Number of persons	F
		Complete restriction on smoking at work <sup>22</sup>	Percent	F
			Number of persons	F
		Smoking initiation age (5 to 14 years) <sup>23</sup>	Percent	F
			Number of persons	F
		Never had a drink <sup>24</sup>	Percent	F
			Number of persons	F
		5 or more drinks on one occasion, 12 or more times a year <sup>25</sup>	Percent	F
			Number of persons	F
		Leisure-time physically active or moderately active <sup>26,27</sup>	Percent	F
			Number of persons	F
		Life stress, quite a lot (18 years and over) <sup>28</sup>	Percent	F
			Number of persons	F
		Overweight, self-reported adult body mass index 25.00 to 29.99 (18 years and over) <sup>29,30,31,32</sup>	Percent	F
			Number of persons	F
		Obese, self-reported adult body mass index 30.00 or higher (18 years and over) <sup>29,30,31,32</sup>	Percent	F
			Number of persons	F
		Self-reported youth body mass index, overweight or obese <sup>29,33</sup>	Percent	F
			Number of persons	F
		Very strong or somewhat strong sense of belonging to local community <sup>34</sup>	Percent	F
			Number of persons	F
		Has a regular medical doctor <sup>35</sup>	Percent	F
			Number of persons	F
		Contact with medical doctors in the past 12 months <sup>36,37</sup>	Percent	F
			Number of persons	F
		Contact with dental professionals in the past 12 months <sup>38,39</sup>	Percent	F
			Number of persons	F
		Contact with alternative health care providers in the past 12 months <sup>40,41</sup>	Percent	F
			Number of persons	F
		Influenza immunization, less than one year ago <sup>42</sup>	Percent	F
			Number of persons	...
		Received routine screening mammogram within the last 2 years (50 to 69 years) <sup>43,44</sup>	Percent	...
		Pap smear, within the last 3 years (18 to 69 years) <sup>45,46</sup>	Number of persons	...
			Percent	...
	Males	Very good or excellent self-rated health <sup>3</sup>	Number of persons	F
			Percent	F
		Very good or excellent self-rated mental health <sup>4</sup>	Percent	F
			Number of persons	F
		With arthritis or rheumatism <sup>5,6</sup>	Percent	F
			Number of persons	F
		With diabetes <sup>7,8</sup>	Percent	F
			Number of persons	F
		With asthma <sup>9</sup>	Percent	F
			Number of persons	F
		With high blood pressure <sup>10</sup>	Percent	F
			Number of persons	F
		Injuries within the past 12 months <sup>11,12</sup>	Percent	F
			Number of persons	F
		1 or more two-week disability days <sup>13</sup>	Percent	F
			Number of persons	F
		Participation and activity limitation <sup>14</sup>	Percent	F
			Number of persons	F
		Current daily or occasional smoker <sup>15,16,17</sup>	Percent	F
			Number of persons	F
		Exposed to second-hand smoke at home <sup>18,19</sup>	Percent	F
			Number of persons	F
		Exposure to second-hand smoke in the past month, in vehicles and/or public places <sup>20</sup>	Percent	F
			Number of persons	F
		Exposure to second-hand smoke in the past month, in vehicles <sup>20</sup>	Percent	F
			Number of persons	F
		Exposure to second-hand smoke in the past month, in public places <sup>20</sup>	Percent	F
			Number of persons	F
		Complete restriction on smoking at home <sup>21</sup>	Percent	F
			Number of persons	F
		Complete restriction on smoking at work <sup>22</sup>	Percent	F
			Number of persons	F
		Smoking initiation age (5 to 14 years) <sup>23</sup>	Percent	F
			Number of persons	F

		Never had a drink <sup>24</sup>	Percent	F
		5 or more drinks on one occasion, 12 or more times a year <sup>25</sup>	Number of persons	F
			Percent	F
		Leisure-time physically active or moderately active <sup>26,27</sup>	Number of persons	F
			Percent	F
		Life stress, quite a lot (18 years and over) <sup>28</sup>	Number of persons	F
			Percent	F
		Overweight, self-reported adult body mass index 25.00 to 29.99 (18 years and over) <sup>29,30,31,32</sup>	Number of persons	F
			Percent	F
		Obese, self-reported adult body mass index 30.00 or higher (18 years and over) <sup>29,30,31,32</sup>	Number of persons	F
			Percent	F
		Self-reported youth body mass index, overweight or obese <sup>29,31</sup>	Number of persons	F
			Percent	F
		Very strong or somewhat strong sense of belonging to local community <sup>34</sup>	Number of persons	F
			Percent	F
		Has a regular medical doctor <sup>35</sup>	Number of persons	F
			Percent	F
		Contact with medical doctors in the past 12 months <sup>36,37</sup>	Number of persons	F
			Percent	F
		Contact with dental professionals in the past 12 months <sup>38,39</sup>	Number of persons	F
			Percent	F
		Contact with alternative health care providers in the past 12 months <sup>40,41</sup>	Number of persons	F
			Percent	F
		Influenza immunization, less than one year ago <sup>42</sup>	Number of persons	F
			Percent	F
		Received routine screening mammogram within the last 2 years (50 to 69 years) <sup>43,44</sup>	Number of persons	...
			Percent	...
		Pap smear, within the last 3 years (18 to 69 years) <sup>45,46</sup>	Number of persons	...
			Percent	...
	Females	Very good or excellent self-rated health <sup>3</sup>	Number of persons	F
			Percent	F
		Very good or excellent self-rated mental health <sup>4</sup>	Number of persons	F
			Percent	F
		With arthritis or rheumatism <sup>5,6</sup>	Number of persons	F
			Percent	F
		With diabetes <sup>7,8</sup>	Number of persons	F
			Percent	F
		With asthma <sup>9</sup>	Number of persons	F
			Percent	F
		With high blood pressure <sup>10</sup>	Number of persons	F
			Percent	F
		Injuries within the past 12 months <sup>11,12</sup>	Number of persons	F
			Percent	F
		1 or more two-week disability days <sup>13</sup>	Number of persons	F
			Percent	F
		Participation and activity limitation <sup>14</sup>	Number of persons	F
			Percent	F
		Current daily or occasional smoker <sup>15,16,17</sup>	Number of persons	F
			Percent	F
		Exposed to second-hand smoke at home <sup>18,19</sup>	Number of persons	F
			Percent	F
		Exposure to second-hand smoke in the past month, in vehicles and/or public places <sup>20</sup>	Number of persons	F
			Percent	F
		Exposure to second-hand smoke in the past month, in vehicles <sup>20</sup>	Number of persons	F
			Percent	F
		Exposure to second-hand smoke in the past month, in public places <sup>20</sup>	Number of persons	F
			Percent	F
		Complete restriction on smoking at home <sup>21</sup>	Number of persons	F
			Percent	F
		Complete restriction on smoking at work <sup>22</sup>	Number of persons	F
			Percent	F
		Smoking initiation age (5 to 14 years) <sup>23</sup>	Number of persons	F
			Percent	F
		Never had a drink <sup>24</sup>	Number of persons	F
			Percent	F
		5 or more drinks on one occasion, 12 or more times a year <sup>25</sup>	Number of persons	F
			Percent	F
		Leisure-time physically active or moderately active <sup>26,27</sup>	Number of persons	F
			Percent	F
		Life stress, quite a lot (18 years and over) <sup>28</sup>	Number of persons	F
			Percent	F
		Overweight, self-reported adult body mass index 25.00 to 29.99 (18 years and over) <sup>29,30,31,32</sup>	Number of persons	F
			Percent	F
		Obese, self-reported adult body mass index 30.00 or higher (18 years and over) <sup>29,30,31,32</sup>	Number of persons	F
			Percent	F
		Self-reported youth body mass index, overweight or obese <sup>29,31</sup>	Number of persons	F
			Percent	F
		Very strong or somewhat strong sense of belonging to local community <sup>34</sup>	Number of persons	F
			Percent	F
		Has a regular medical doctor <sup>35</sup>	Number of persons	F
			Percent	F
		Contact with medical doctors in the past 12 months <sup>36,37</sup>	Number of persons	F
			Percent	F
		Contact with dental professionals in the past 12 months <sup>38,39</sup>	Number of persons	F
			Percent	F
		Contact with alternative health care providers in the past 12 months <sup>40,41</sup>	Number of persons	F
			Percent	F
		Influenza immunization, less than one year ago <sup>42</sup>	Number of persons	F
			Percent	F
		Received routine screening mammogram within the last 2 years (50 to 69 years) <sup>43,44</sup>	Number of persons	F
			Percent	F
		Pap smear, within the last 3 years (18 to 69 years) <sup>45,46</sup>	Number of persons	F
			Percent	F

**Symbol legend:**

- ... Not applicable
- E Use with caution
- F Too unreliable to be published

**Footnotes:**

1. Source: Statistics Canada, Canadian Community Health Survey (CCHS 3.1), 2005. Due to changes in the questionnaire introduced in 2005, these data are not comparable to the CANSIM table 105-0112.
2. Aboriginal population includes those people living in Canada who identified themselves or their cultural and/or racial background as North American Indian, Métis or Inuit.
3. Population aged 12 and over who rate their own health status as being either excellent or very good. Self-rated health is an indicator of overall health status. It can reflect aspects of health not captured in other measures, such as incipient disease, disease severity, aspects of positive health status, physiological and psychological reserves and social and mental function.



4. Population aged 12 and over who rate their own mental health status as being excellent or very good. Self-reported mental health provides a general indication of the population suffering from some form of mental disorder, mental or emotional problems, or distress, not necessarily reflected in self-reported (physical) health.
5. Population aged 12 and over who report that they have been diagnosed by a health professional as having arthritis or rheumatism.
6. Arthritis or rheumatism includes rheumatoid arthritis and osteoarthritis, but excludes fibromyalgia.
7. Population aged 12 and over who report that they have been diagnosed by a health professional as having diabetes.
8. Diabetes includes females 15 and over who have been diagnosed with gestational diabetes.
9. Population aged 12 and over who report that they have been diagnosed by a health professional as having asthma.
10. Population aged 12 and over who report that they have been diagnosed by a health professional as having high blood pressure.
11. Population aged 12 and over who sustained injuries in the past 12 months. Repetitive strain injuries are not included.
12. Refers to injuries which are serious enough to limit normal activities. For those with more than one injury in the past 12 months, refers to "the most serious injury", as identified by the respondent.
13. Population aged 12 and over who stayed in bed or cut down on normal activities because of illness or injury, on one or more days in the past 2 weeks.
14. Population aged 12 and over who report being limited in selected activities (home, school, work and other activities) because of a physical condition, mental condition or health problem which has lasted or is expected to last 6 months or longer. "Participation and activity limitation" was previously referred to as "Activity limitation".
15. Population aged 12 and over who reported being a current smoker (daily or occasional).
16. Daily smokers refers to those who reported smoking cigarettes every day.
17. Occasional smokers refers to those who reported smoking cigarettes occasionally. This includes former daily smokers who now smoke occasionally.
18. Non-smoking population aged 12 and over who reported that at least one person smokes inside their home every day or almost every day.
19. Smoking includes cigarettes, cigars and pipes.
20. Non-smoking population aged 12 and over who reported being exposed to second-hand smoke in private vehicles and/or public places on every day or almost every day in the past month.
21. Population aged 12 and over who reported there are restrictions against smoking in the home and that the restriction is that smokers are asked to refrain from smoking in the house.
22. Employed population aged 15 to 75 who reported that smoking is completely restricted at their place of work.
23. Population aged 12 and over who reported being either a current or former smoker and who reported smoking their first whole cigarette between the ages of 5 and 14.
24. Population aged 12 and over who reported never having a drink.
25. Population aged 12 and over who reported having at least 1 drink in the past 12 months and who reported having 5 or more drinks on one occasion, 12 or more times in the past 12 months.
26. Population aged 12 and over reporting being physically active or moderately active, based on their responses to questions about the frequency, duration and intensity of their participation in leisure-time physical activity.
27. Respondents are classified as active, moderately active or inactive based on an index of average daily physical activity over the past 3 months. For each leisure time physical activity engaged in by the respondent, an average daily energy expenditure is calculated by multiplying the number of times the activity was performed by the average duration of the activity by the energy cost (kilocalories per kilogram of body weight per hour) of the activity. The index is calculated as the sum of the average daily energy expenditures of all activities. Respondents are classified as follows: 3.0 kcal/kg/day or more = physically active; 1.5 to 2.9 kcal/kg/day = moderately active; less than 1.5 kcal/kg/day = inactive.
28. Population aged 18 and over who reported their level of life stress as quite a lot.
29. Body mass index (BMI) is a method of classifying body weight according to health risk. According to the World Health Organization (WHO) and Health Canada guidelines, health risk levels are associated with each of the following BMI categories: normal weight = least health risk; underweight and overweight = increased health risk; obese, class I = high health risk; obese, class II = very high health risk; obese, class III = extremely high health risk.
30. Body mass index (BMI) is calculated by dividing the respondent's body weight (in kilograms) by their height (in metres) squared.
31. A definition change was implemented in 2004 to conform with World Health Organization (WHO) and Health Canada guidelines for body weight classification. The index is calculated for the population aged 18 and over, excluding pregnant females and persons less than 3 feet (0.914 metres) tall or greater than 6 feet 11 inches (2.108 metres).
32. According to the World Health Organization (WHO) and Health Canada guidelines, the index for body weight classification is: less than 18.50 (underweight); 18.50 to 24.99 (normal weight); 25.00 to 29.99 (overweight); 30.00 to 34.99 (obese, class I); 35.00 to 39.99 (obese, class II); 40.00 or greater (obese, class III).
33. Body mass index (BMI) for youth is different from that of adults as they are still maturing. This variable classifies the measured BMI of children aged 12 to 17 as "obese" or "overweight" according to the age- and sex-specific BMI cut-off points as defined by Cole and others. The Cole cut-off points are based on pooled international data (Brazil, Great Britain, Hong Kong, Netherlands, Singapore and United States) for BMI and linked to the internationally accepted adult BMI cut-off points of 25 (overweight) and 30 (obese). Respondents who do not fall within the categories of "obese" or "overweight" (as defined by Cole and others) have been classified by the Canadian Community Health Survey (CCHS) as "neither overweight nor obese".
34. Population aged 12 and over who describe their sense of belonging to their local community as very strong or somewhat strong. Research shows a high correlation of sense of community-belonging with physical and mental health.
35. Population aged 12 and over were asked to report whether they had a regular medical doctor.
36. Population aged 12 and over who have consulted with a medical doctor in the past 12 months.
37. Medical doctor include family or general practitioners as well as specialists such as surgeons, allergists, orthopaedists, gynaecologists or psychiatrists. For population aged 12 to 17, includes pediatricians.
38. Population aged 12 and over who have consulted with a dental professional in the past 12 months.
39. Dental professionals include dentists or orthodontists.
40. Population aged 12 and over who have consulted with an alternative health care provider in the past 12 months.
41. Alternative health care providers include massage therapists, acupuncturists, homeopaths or naturopaths, Feldenkrais or Alexander teachers, relaxation therapists, biofeedback teachers, rollers, herbalists, reflexologists, spiritual healers, religious healers and others.
42. Population aged 12 and over who reported having had their last influenza immunization (flu shot) less than one year ago.
43. Females aged 50 to 69 who reported having had their last mammogram for routine screening or other reasons within the last 2 years.
44. Screening by mammography is an important strategy for early detection of breast cancer.
45. Females aged 18 to 69 who reported having had their last Pap smear test within the last 3 years.
46. Pap tests (Papanicolaou) detect pre-malignant lesions before cancer of the cervix develops.
47. When comparing estimates, it is important to use confidence intervals to determine if differences between values are statistically significant. Confidence intervals describe sampling variability and give an indication of the precision of a given estimate.
48. Bootstrapping techniques were used to produce the coefficient of variation (CV) and 95% confidence intervals (CIs).
49. Data with a coefficient of variation (CV) from 16.6% to 33.3% are identified by an (E) and should be interpreted with caution.
50. Data with a coefficient of variation (CV) greater than 33.3% were suppressed (F) due to extreme sampling variability.
51. The data expressed as proportions (%) in these tables are calculated using the total population of the selected group as the denominator.
52. The following standard symbols are used in this Statistics Canada table: (.) for figures not available for a specific reference period and (...) for figures not applicable.

**Source:** Statistics Canada. *Table 105-0491 - Canadian Community Health Survey (CCHS 3.1) off-reserve Aboriginal profile, by sex, Canada, provinces and territories, occasional*, CANSIM (database).  
[http://cansim2.statcan.ca/cgi-win/cnsmcgl.exe?Lang=E&CANSIMFile=C11/C11\\_1\\_E.htm&RootDir=C11/](http://cansim2.statcan.ca/cgi-win/cnsmcgl.exe?Lang=E&CANSIMFile=C11/C11_1_E.htm&RootDir=C11/)  
 (accessed: October 17, 2008)

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